

Avocado Tacos

Ingredients:

- 1 lb. ground beef (or turkey or chicken)
- 2 medium/large avocados, halved
- 1 package taco seasoning
- chopped tomatoes
- shredded cheese
- cilantro
- diced, green onions (greens only), scallions, or chives
- shredded lettuce
- sour cream

In a large skillet, cook the beef until browned. Drain grease. Add taco seasoning and water (directions on package). Scoop out most of the avocado and fill with taco meat. Add remaining ingredients on top with a dollop of sour cream and enjoy!!!

This delicious recipe can be found on the website *Points In My Life*
(www.pointsinmylife.com)

"Inhale tacos. Exhale negativity." - #namaste