

# Sweet Potato and Sage Chicken Patties with Bacon

Ingredients:

- 1 lb ground chicken (or turkey)
- 1 cup shredded sweet potato
- 1/2 cup fresh spinach, finely chopped
- 1/2 cup apples, finely diced
- 3 slices of bacon, finely diced
- 2 Tbs coconut oil
- 2 Tbs coconut flour
- 1 tsp. ground sage
- 1/2 tsp. sea salt
- 1 tsp. fresh rosemary, diced

Preheat oven to 400 degrees F, and line a baking dish with parchment paper or a silicone baking mat. Using a large mixing bowl, combine chicken, sweet potato, spinach, apples, and bacon. Combine. Add the rest of the ingredients and mix to combine.

Begin rolling the mixture into small balls and slightly flatten each of them with the palm of your hand. Line on baking sheet. Bake for 28 minutes, turning once half-way through. Serve immediately or store in the fridge or freezer as a make-ahead breakfast, lunch, or dinner! Enjoy!

This delicious recipe can be found on the website *Points In My Life*  
([www.pointsinmylife.com](http://www.pointsinmylife.com))

***"Be Happy With What You Have While Working for What you Want."  
- Helen Keller***