

Low-Point Cream Cheese Spaghetti Salad

Ingredients:

- 3 Roma tomatoes, chopped
- 1/2 cup celery, chopped
- 3 green onions, chopped
- 1 clove of garlic, chopped
- 1, 8 oz. 1/3 less-fat cream cheese, softened
- 1/3 cup vinegar
- 1 Tbs vegetable oil
- 1 Tbs Splenda
- 1/2 tsp. kosher or sea salt
- 1/4 tsp. pepper
- 1/2 of a 13.25 oz. box whole grain spaghetti
- 1/4 cup grated parmesan cheese
- basil or parsley to garnish
- paprika (optional)

In a mixing bowl, combine first 10 ingredients. Set aside.

In a large pan, boil spaghetti according to cooking instructions. Drain and let cool. Combine spaghetti with cream cheese mixture and place in a serving dish. Sprinkle with parmesan cheese and basil or parsley. Sprinkle on a little paprika for color if desired. Enjoy!

Total servings - 5 cups

Serving size - 1 cup

Total points per serving - 7

Total points plus per serving - 7.5

This delicious recipe can be found on the website *Points In My Life*
(www.pointsinmylife.com)

***"Your dream doesn't have an expiration date.
Take a deep breath and try again." - Anonymous***