

Low-Point Crockpot Salsa Chicken

Ingredients:

- 4, 4 oz. boneless skinless chicken breasts
- 1/2 of a 1.25 oz package of Taco seasoning
- 1 cup salsa
- 1 can Campbell's Heart Healthy Cream of Mushroom Soup

Add chicken to the crockpot and layer on the rest of the ingredients. Cook on low for 4 to 6 hours (depending on how hot your crockpot gets). Stir occasionally. Serve over rice, if desired, and enjoy!

Total servings - 4

Serving size - 1

Points per serving - 4

Points plus per serving - 4.5

This delicious recipe can be found on the website *Points In My Life*
(www.pointsinmylife.com)

***"You don't have to be great to start;
but you have to start to be great." - Zig Ziglar***