

Low-Point Crab-Stuffed Pea Pods

Ingredients:

- 1/2 pound (8 ounces) snow pea pods, tips removed
- 1/2 cup fat free sour cream
- 1, 8 oz. package imitation crabmeat, finely chopped
- 1, 3 oz. package fat free cream cheese
- 1 Tbs horseradish
- 1/4 tsp. pepper

Cut seam on side of pea pod forming pocket. Combine all ingredients in a small bowl. Spoon or pipe crab mixture into each pod. Cover and refrigerate at least one hour.

Serving size = 1 pea pod

Points per serving = .4

This delicious recipe can be found on the website *Points In My Life*
(www.pointsinmylife.com)