

# Low-Point Fresh Ham and Mozzarella Salad

## Ingredients:

- 8 ounces, small fresh mozzarella (in water), halved
- 8 ounces grape or cherry tomatoes, halved
- 2 ounces of Ham (or 1/4 inch ham slice), diced
- 1 to 2 scallions, whites and greens, chopped small
- 3, large fresh basil leaves, chopped fine
- 1/8 to 1/4 cup fresh parsley, chopped fine
- 1 1/2 Tbs Extra Virgin Olive Oil
- salt and freshly ground pepper to taste

Mix all ingredients and stir. Wa-la! One amazing salad! Serve with Crostini crackers (the kind I purchased are 2.5 points for 7 crackers) or one toasted Italian bread roll. (I found Schmidt Italian Steak Sub Rolls that are wonderful! Opened up it becomes 2 halves. Cut each of those halves in half, giving you 4 pieces to enjoy with this salad. Each 1/4 piece is 1 point.)

**NOTE: Using 2 Tbs Kraft Light Balsamic Vinaigrette dressing in place of the olive oil would bring the total points down to 1.5 points per serving!**

Total servings = 10

Serving size = 1/4 cup

Points per serving = 2

(With 7 Crostini crackers = 4.5 points)

(With 1 Italian Sub Roll = 6 points)

This delicious recipe can be found on the website *Points In My Life*  
([www.pointsinmylife.com](http://www.pointsinmylife.com))