

# Low-Point Mexican Style Pork

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### Ingredients:

- 5, lean pork chops (not too thin)
- 1, 20 oz. jar of salsa (mild or spicy)
- 1, 4 oz. can chopped green chiles
- 1, 15 oz. can of black beans, drained and rinsed

Place pork chops in crock pot and add salsa and chiles. Cook for 6 hours. Five minutes or so before you serve, add the black beans and stir until they're hot.

Total servings = 5

Serving size = 1

Points per serving = 3.5

This delicious recipe can be found on the website *Points In My Life*  
([www.pointsinmylife.com](http://www.pointsinmylife.com))