

# Low-Point Mt. Dew Cake

## Ingredients:

- 1 box yellow cake mix
- 1/3 cup cooking oil
- 1/3 cup unsweetened applesauce
- 4 eggs
- 1 small box sugar-free fat-free instant vanilla pudding
- 10 oz. Mt. Dew (not diet)
- 1 tsp. orange extract

Preheat oven to 350 degrees. Mix dry cake mix and dry pudding mix. Add cooking oil, applesauce, Mt. Dew, and orange extract. Beat in eggs, one at a time. Pour batter into a floured 9-inch x 13-inch baking dish and bake for 30 to 35 minutes (or until a toothpick comes out clean when inserted into the middle).

## Icing Ingredients:

- 1 cup Splenda
- 1/2 cup butter
- 3 Tbs flour
- 8 oz. crushed pineapple, undrained
- 2 oz. Mt. Dew

Mix Splenda and flour in a sauce pan. Add butter and pineapple and cook over medium-high heat until slightly thickened. Add Mt. Dew and mix well. After mixture is thickened, spread on hot cake.

Total servings - 20

Serving size - 1

Points per serving - 3.7 (without icing); 4.7 (with icing)

This delicious recipe can be found on the website *Points In My Life*  
([www.pointsinmylife.com](http://www.pointsinmylife.com))