

Low-Point Orange Delight

Ingredients:

- 1 small box, .3 oz, sugar-free orange jello
- 1 cup low-fat cottage cheese
- 8 oz. fat-free cool whip
- 8 oz. mandarin oranges, drained

Combine dry jello with the rest of the ingredients and ENJOY!
Quick and easy!!

Total servings - 6, (1/2 cups)

Serving size - 1

Points per serving - 1.8

This delicious recipe can be found on the website *Points In My Life*
(www.pointsinmylife.com)

***"I'm an optimist. It does not seem to be much use being
anything else." - Winston Churchill***