

# Low-Point Parmesan Popcorn Pork

## Ingredients:

- 5, 4 oz. boneless pork chops, cubed
- 10 Stacy's Pita Chips, Parmesan Garlic and Herb flavor, crushed
- 1 Tbs soy sauce
- 1/8 tsp. chili powder (or more if you want more of a kick)
- "I Can't Believe It's Not Butter" spray

Preheat oven to 400 degrees. Cube pork chops and place in a bowl. Add soy sauce to pork and mix until they are coated. Roll in crushed pita chips and place in a baking dish sprayed with a little cooking spray. Spray top of cubed pork chops with spray butter and place, uncovered, in the oven for 15 to 20 minutes. Enjoy!!

Total servings - 6 equal portions

Serving size - 1

Points per serving - 3.7

This delicious recipe can be found on the website *Points In My Life*  
([www.pointsinmylife.com](http://www.pointsinmylife.com))

***"What you do speaks so loudly that I cannot hear what you say."  
- Ralph Waldo Emerson***