Low-Point No-Bake Peanut Butter Balls

Ingredients:

1/4 cup reduced-fat peanut butter

2 Tbs. sugar substitute (Splenda)

2 Tbs. water

3/4 cup lightly crushed cereal (Honey Kix, Rice Krispies, Cheerios, etc.) I used Honey Kix for this recipe

1/4 cup dry milk

1/2 tsp. vanilla

1/4 cup raisins or nuts (I used chopped almonds for this recipe) Place peanut butter, dry milk, and Splenda in a bowl. Add vanilla and water; blend well. Stir in cereal and raisins/nuts. Shape into about 12 balls. To store cookies, place in a covered container and refrigerate. For a printer-friendly version of this recipe, Click Here.

Total Servings = 12 Serving size = 1 ball Points per serving = 1.2 points

This delicious recipe can be found on the website *Points In My Life* (www.pointsinmylife.com)