

Low-Point Spaghetti-Threaded Hot Dogs

Ingredients:

- 1/2, 13.25 oz. box of whole grain thin spaghetti
 - 10 turkey franks (I bought Jennie-O turkey franks)
- Cut the ends off the hot dogs and cut them into thirds. Take two to three spaghetti strands and thread through each hot dog. Bring a large sauce pan of water to a boil. Place spaghetti-threaded hot dogs into boiling water, along with the rest of the left-over spaghetti. Boil until spaghetti is tender, strain and enjoy!

Total servings - 4

Serving size - 1

Points per serving - 8

(9 points with 1/2 cup Classico Traditions Tomato/Basil pasta sauce) or any pasta sauce that has 50 calories, 1 fat gram, and 1 gram fiber for 1/2 cup.

This delicious recipe can be found on the website *Points In My Life*
(www.pointsinmylife.com)

***"Faith... it does not make things easy; it makes things possible."
- Luke 1:37***