

Low-Point Zucchini Pizza Bites

Ingredients:

- 1 medium zucchini or yellow squash
- Pizza sauce (any flavor)
- Fat-free shredded cheese (any kind/flavor)
- Seasonings of your choice (salt, pepper, Adobo, etc.)
- Pam Cooking Spray with olive oil

Slice zucchini/squash into little round slices. Spray skillet or grill pan with Pam Cooking Spray over medium/high heat. Add zucchini/squash and grill on both sides (about a minute on each side). Remove from heat. Add a teaspoon of Ragu or any pizza sauce on top of each zucchini round. Top with a pinch of fat-free shredded cheese. Place skillet or frying pan directly into oven and broil just until the cheese melts and browns just a little. Enjoy!

Points per serving = 0 (it would be zero until you ate enough that the cheese would equal 1/4 cup; then it would be 1 point.)

This delicious recipe can be found on the website *Points In My Life*
(www.pointsinmylife.com)