

# Low-Point Mini Double Chocolate Brownies

Ingredients:

- 1 box Pillsbury sugar-free chocolate fudge brownie mix
- 1 egg
- 2 Tbs water
- 1/3 cup applesauce
- 1/4 cup pecans, chopped small
- Betty Crocker Rich & Creamy chocolate frosting
- Pam baking spray

Preheat oven to 350. Spray mini muffin pans with Pam baking spray. In a medium bowl, combine brownie mix, egg, water, and applesauce. Spoon brownie mix into muffin pans, filling 3/4 full. Bake for 10 minutes or until a toothpick comes out clean when inserted into the middle. Let cool and spread 1 teaspoon of frosting on each brownie. Sprinkle brownies with a little bit of pecans (optional). Enjoy!

Total servings - 30

Serving size - 1

Total points per serving - 1

Total points plus per serving - 1.5

This delicious recipe can be found on the website *Points In My Life*  
([www.pointsinmylife.com](http://www.pointsinmylife.com))

***"Keep calm and eat a brownie." - Anonymous***