

Oven-Baked Tacos

Ingredients:

- 1 lb. ground turkey or ground beef
- 1/4 cup fat-free refried beans
- 1 envelope taco seasoning
- 4 oz. tomato sauce
- 6 hard taco shells
- 4 oz. shredded cheddar cheese

Toppings: Whatever you desire!

- lettuce
- salsa
- onions
- tomatoes
- chives

Preheat oven to 375 degrees.

Over medium-high heat, brown turkey and drain any fat. Add taco seasoning, refried beans, and tomato sauce, stirring until combined. Spray 9x9 pan with cooking spray. Spoon taco filling into taco shells and line them side by side in the pan. Sprinkle cheese over each taco and bake, uncovered, for 13 to 15 minutes. Remove from oven and top with favorite toppings. Enjoy!

"If you have a problem, let's taco about it." - Anonymous

This delicious recipe can be found on the website *Points In My Life*
(www.pointsinmylife.com)