

Raspberry, Honey, and Pepita Toast

Ingredients:

- Your choice of boule slices, french baguette rounds, whole-grain bread, english muffins, etc. (toasted)
- ricotta cheese
- raspberries
- honey
- pepitas, (pumpkin seeds)

Toast the bread of your choice, spread about a teaspoon of ricotta cheese on each piece, add raspberries, a drizzle of honey, and a few pepitas. Enjoy!

This delicious recipe can be found on the website *Points In My Life*
(www.pointsinmylife.com)

"There is nothing permanent except change." - Heraclitus