

Low-Point Pico de Mango

Ingredients:

- 2 medium tomatoes, chopped small
- 1/2 avocado, chopped small
- 3 green onions, (white and green parts), chopped small
- 1/2 green pepper, chopped small
- 1 mango, chopped small
- 1 Tbs diced jalapeno
- 2 Tbs chopped basil
- 1 Tbs chopped cilantro
- 2 Tbs lemon juice
- 2 Tbs olive oil
- salt and pepper to taste

Combine all ingredients and dive in! :)

Total servings - 3 cups

Serving size - 1/2 cup

Points per serving - 2

Points plus per serving - 2

This delicious recipe can be found on the website *Points In My Life*
(www.pointsinmylife.com)

***"You weren't given a good life or a bad life. You were given a life.
Whether it's good or bad is up to you." - Anonymous***