

Low-Point Strawberry Yogurt Fluff

Ingredients:

- 1, .3 oz. package of sugar-free strawberry jello
- 1/3 cup boiling water
- 2, 5.3 oz. strawberry, Yoplait Greek 100 yogurt
- 1, 8 oz. container of Lite Cool Whip
- fresh strawberries

In a large bowl, whisk the jello and boiling water until jello dissolves. Add the strawberry yogurt and combine well. Fold in the cool whip and add pieces of fresh strawberries. Spoon into dessert cups or ramekins and place in refrigerator for several hours. Enjoy! (Note: My husband and kids didn't even want to wait until this dessert set in the refrigerator. I barely had time to spoon it into cups before they devoured it!) :)

Total servings - 3 1/2 cups

Serving size - 1/2 cup

Total points per serving - 2.5

Total points plus per serving - 3

This delicious recipe can be found on the website *Points In My Life*
(www.pointsinmylife.com)

"Dessert is the best time of day." - Anonymous