

Low-Point Fruit Bruschetta

Ingredients:

- 10 thin slices of french bread (no more than 1/2 inch thick)
- 3 1/2 tsp. Splenda granulated sugar substitute, divided
- 5 oz. fat-free cream cheese, softened
- 1/2 tsp. almond extract
- fresh raspberries and blackberries
- "I Can't Believe It's Not Butter" spray
- 2 Tbs Almond slivers, chopped

Spray the 10 thin slices of french bread with the butter. Sprinkle 1 1/2 tsp. of the Splenda on top of all the bread and toast. Meanwhile, in a small bowl, combine cream cheese, almond extract, and the rest of the Splenda (2 tsp.). Spread cream cheese mixture on top of each piece of toasted french bread. Add fruit on top of cream cheese mixture. Enjoy! (**Option:** Feel free to sprinkle a teaspoon of Splenda, real sugar, or powdered sugar on top of fruit for some extra sweetness that will add no extra points!)

Total servings - 10

Serving size - 1

Points per serving - 1

This delicious recipe can be found on the website *Points In My Life*
(www.pointsinmylife.com)